



CYIA Training Suggested Packing List

Christian Youth In Action (CYIA) training will occur at Frontier School of the Bible, LaGrange, WY. You will be sleeping in designated rooms (rooms with other teens of your same birth gender, with small closets) with central bathrooms down the hall. Please do NOT bring anything of high value because there is no secure storage space available. Whatever you bring, YOU are responsible for keeping track of.

BE SURE TO PACK: (Please label your items)

1. A hard copy of a Bible (ESV for teaching clubs- If you do not have an ESV let us know
2. Pencils and pens & paper for notetaking
3. Proper clothing (see dress code attached)
4. You will need clothing for nine days/nights
5. Water shoes, flip flops, or sandals to wear in the bathroom/shower
6. Tennis shoes (for recreation)
7. Camera (optional)
8. Reusable Water Bottle (labeled with your name)
9. Sleeping bag or sheets and blankets (twin bed)
10. Pillow
11. Towel and washcloths
12. Personal articles (shampoo, soap, brush, toothbrush & toothpaste, etc.)
13. Flashlight
14. Alarm clock (optional as staff will awaken each day)
15. Offering money: there is a missions project offering each day to raise funds for

the missionaries that we will be supporting for the summer.

16. Spending Money: We stop for lunch on the way to training and back. You can pack a lunch or purchase a meal. At CYIA training there is also a local coffee shop that students like to go to across from the Bible school.

17. Regular medicines/prescriptions (All medication should be in the original containers and must be turned into the Nurse for distribution during CYIA)

18. Electronics are allowed for teaching and study purposes only. Please do not wear ear buds while in class or during study times.

DO NOT BRING:

- Weapons of any kind (i.e., guns, knives, lighters)
- Immodest or inappropriate clothing (see dress code)

Parents: Students don't automatically understand the reason behind certain rules, so make sure to explain it to them. They're far more likely to keep the rules if they know the 'why' of rules. You may think that it's perfectly clear why modesty is good, but they don't necessarily do.

- Food (ants are a problem, so don't bring)

OPTIONAL:

Please try to consolidate your items into a large duffle bag or suitcase. It helps with packing bags for travel and allows easier access to your belongings.

Please bring an extra tote bag or backpack for getting from class to class. The bag your kit comes in is not meant to haul your things. The teaching materials get ruined, and the bag will break down.

Christian Youth In Action®

Training Rules

*Parent & Students Please Initial

The dress code is intended as a guideline in assisting all students in developing a Christ-centered attitude toward their outer appearance and a maturing view toward the appropriateness of certain attire for certain occasions. It is not intended to be an exhaustive listing of acceptable and unacceptable attire. Rather, the dress code is an outgrowth of our experience in maintaining an atmosphere consistent with the instructional goals of CYIA Training. It is not meant to take the place of parental rules, which may be more restrictive in this document. Nor is it meant to relieve the student of the opportunity to grow in personal responsibility for his or her own appearance.

We need parental assistance to maintain modest dress at CYIA Training and during the summer. Please read and address these standards with your child. Thank you for helping in this matter.

_____ Dress Code: Since we are working with a variety of people from various religious convictions, it is important that we not offend in our dress and, at the same time, that we honor God with our dress. This means we are expecting conservative dress - for some of you, that may mean more conservative attire than you are used to wearing. If you have any doubts about a clothing item, don't bring it. All students and staff must present themselves, both in dress and physical features, in a manner consistent with their birth gender.

_____ Code for training week: You may wear shorts, although they must be of the longer variety (3" above the knee when kneeling)! Guys, please wear pants that fit snugly around your waist. No sagging.

_____ The following are not allowed: short shorts, tank tops, sleeveless shirts, tight T-shirts, spaghetti straps, belly shirts, immodest necklines, or armholes (2" below collar bone + 2" below armpit for armholes), T-shirts designs that reflect anti-Christian values (i.e., occult, vulgar language, etc.). Nothing tattered or torn and no low-rise skirts or pants. Hair should be kept clean neat. Leggings are allowed under the skirt or dress (3" above the knee). Leggings can be worn with a top that extends to the tip of the fingers while hands are at your sides. Holes in jeans cannot be above the knees and no low-rise skirts or pants. Tears or rips higher than 2" above the knee must be worn with a layer of fabric underneath so that no skin shows.

_____ Guys & Gals: No excessive body piercing. No excessive tattoos. Keep your appearance neat and clean. No piercings beyond ears & nose and only small studs in the nose.

_____ Electronics: Cell phones will be silenced and placed in a drop box during class. Phones will be collected after class. There will be a specified time daily for contacting parents/guardians.

*Parents: It's important that you communicate with your child(ren) directly, provide a Christ-centered paradigm for smartphone use, and set sensible boundaries. Teach them to pick up their phones for a purpose, not just because they're bored. CYIA Training is to focus on learning to share the Gospel with kids. There will be downtime where they will be able to use their phones. However, we encourage students to engage with others during these times.

CYIA Training is a week to pull away from distractions and focus on preparing for ministry.

_____ Done in bathrooms by 10:30 p.m., Lights out at 10:45 p.m. No crises after 10:00 p.m.

_____ Stay in assigned sleeping rooms until 7:00 a.m. Roaming out of sleeping rooms without an appropriate excuse will result in a phone call to parents.

_____ No student is to change their assigned room number at check-in without explicit permission from CYIA Staff. (In the event of an emergency we need to know where students are located). If you would like to be in the same room as a friend, please notify your director.

No one leaves the buildings at night except for emergencies. Doors are on a night timer and automatically lock after lights out. In an emergency, a staff must accompany anyone leaving the dorm.

The dorm leaders will report excessive noise after lights out (talking, rowdy behavior, etc.) to the nighttime staff.

_____ Students are not to invade the personal space of other students. A reasonable separation rule will apply at all times. Students will adhere to the guidance of any staff member regarding this rule.

_____ Boyfriend/girlfriend relationships are not allowed throughout the CYIA Training. This includes the entire summer working relationship.

_____ Do NOT bring food or drink in the dorms and do NOT bring personal food from home.

_____ All students must obtain permission from one of the directors before leaving the boundaries or going beyond the established limits.

_____ There is zero tolerance on pranks at CYIA training.

_____ I understand and agree to the Biblical Sexuality Policy as discussed with my local director or another staff member.

*By initialing & signing, you acknowledge you have read & are agreeing to all the above.

CYIA Signature: _____

Date: _____

Parent/Guardian Signature: _____

Date: _____

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Every Child, Every Community, Every Day
Until Every Child Hears.